

What is HOPE?

The HOPE programmes have been created to actively improve the lives of those who have experienced trauma.

Working with former racehorses, our experienced and fully qualified team respond to individual needs and facilitate personal growth.

The interactive, learner-focused environment is used as a vehicle for self-development; improving self-esteem and instilling a belief in a positive future.



Details...

- **3 Day Programme – Monday 6th August 2018 to Thursday 8th August 2018**
- **10am - 3pm**
- **10 places available**

Fully funded programme
Including lunch
BOOK YOUR PLACE NOW!



The opportunity to....

- Build self-esteem by learning new skills in an active and supportive environment.
- Develop physical and mental wellbeing.
- Gain an accredited qualification.
- Explore new possibilities and progress to further qualifications, work experience or volunteering in the equine industry.
- Guide the development of future programmes for people affected by trauma.

Key Features...

- Develop confidence by caring for and working with a range of animals, including former racehorses.
- Focus on resolving potential barriers to employment, training and integration into civilian life.
- Trained and supportive staff with an understanding of military culture.



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