Perfect for individuals who would benefit from improving their confidence



HORSEPOWER©

A 6 week life skills and emotional literacy programme designed by Greatwood Charity for primary aged learners

Suitable for learners aged 5-11

Enrol as an individual or as a school group

Develop social, emotional and communication skills
Build resilience
Practice self-regulation
Improve self-esteem and experience success

For more information please contact:
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